

ETERNAL JOY ?

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Oh! I wish moments of joy could be eternal, everlasting!
Letting us go on floating, feeling lighter, flying higher
away from the mad noise
singing, humming, Fluttering, dancing, gliding
whistling with cool breeze
that heals and revives with every touch
under the warm, bright morning sun
showering heavenly blessings
filling your heart, your whole being
with energy, peace, tranquil
shutting down all the windows of worries
muting all the inner noise
your soul bouncing with joy
rising high, spiraling, leaping
Oh! wonderful magical state
the real journey seems to have begun
Pure bliss! Sheer joy!
But suddenly it all shatters!
in one fleeting moment, you are grounded with a huge thud!
Once again you lose yourself
You are back again in the mad jungle
Stuck in the complex, confusing web
around and inside
Circus starts again, the marathon race begins,
You must rush; run mindlessly, mechanically
wriggling, crawling, and struggling
perhaps you are lost again, forever!
Oh! I wish moments of joy could be eternal, everlasting!