

REALISATION OF MY SELF

Mrs. Pameela Johnson
Assistant Professor
Department of English
K.R's Sree Narayana College
Valanchery
Kerala, India

Those days were beautiful!
As beautiful as sunshine
Those sunny days diminish
As dawn's last sigh.

You are a woman
Others defined her
Dress in saree, be a girl,
Be a wife, they said.

Chains everywhere
It suffocates her
But within those clutches
She realise:

I am a woman
Empowered to shatter those chains.
Realisation of my "Self"
Gave me courage;

To stand up to the world
As all living creatures- who is
Free to think, free walk, free to talk, free to laugh
And free to enjoy one's own life.