

## METAPHYSICAL FRIEND: DEEP SLEEP

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Deep sleep: the celestial peace-monger,  
The promise of amnesia,  
In the passage of time,  
Cures sore wounds of human chaos  
Occurred in the erstwhile past  
And makes the brains fresh  
Like a divine nurse

You're the Opium  
Nothing is equal to Deep Sleep  
You are meditation and medication.  
You were with me  
Like the Three-Personed-God  
For days and nights  
Even in my mother's womb.

The celestial umbilical cord detached;  
My biological mother detached from me.  
I became worldly from the divine state.  
Though she is not physically with me,  
You are with me till my end.  
O Deep Sleep! The bosom friend  
Make me forget this loveless world

Cruise me  
On the invisible wings of deep sleep  
From Physical world to the metaphysical world

From birth to death  
From death-in-life to life-in-death  
And death that leads to eternity,  
You are only the friend.

O Deep Sleep! Tranquilizer to dejected people  
You are more than a Physician and a Psychiatrist  
Who Catapults us from deep pains and pangs.  
Rich people fight you in nights  
But not the poor  
O! My metaphysical friend!  
You taught me life lessons.

Death and Birth are twins  
Both are dark: in closed eyes  
Deep Sleep: the prophet of them.  
O! Birth, you give life years  
O! Death, you give perpetual peace  
But, Deep Sleep is gives life and pace  
Like the Phoenix: death and life.

You are the citadel  
Even the mighty monarchs are your refugees  
You are the mother of every creature  
Who lulls them in your celestial lap  
Making the desolate people forget daylong worries.  
I inquisitively opened my eyes to see You  
But you are invisible  
Like the mighty Wind-hover in the high sky  
Like the Nightingale amidst the lush groves  
Like the Almighty God  
Granting prolongation of life day to day  
Paving the ethereal path to life-in-death  
Inch by inch that leads  
To the eternal and ethereal abode.